# **POL40 – Smoking Policy and Procedure**

Serendipity Healthcare Ltd Unit 4 Millennium Way, Dunston, Chesterfield, Derbyshire S41 8ND



## 1. Purpose

- 1.1 Serendipity Healthcare Ltd is committed to protecting the health and wellbeing of Service Users and staff by limiting their exposure to smoke inhalation. All individuals have the right to a smoke-free environment.
- 1.2 Serendipity Healthcare Ltd will comply with all relevant public health legislation governing smoking in public places.
- 1.3 To support Serendipity Healthcare Ltd in meeting the following Key Lines of Enquiry:

EFFECTIVE	E5: How are people supported to live healthier lives, have access to healthcare services and receive ongoing healthcare support?
SAFE	S2: How are risks to people assessed and their safety monitored and managed so they are supported to stay safe and their freedom is respected?

- 1.4 To meet the legal requirements of the regulated activities that Serendipity Healthcare Ltd is registered to provide:
  - Smoke-free (Premises and Enforcement) Regulations 2006
  - Health Act 2006

#### 2. Scope

2.1	The following roles may be affected by this policy:

All staff

2.2 The following Service Users may be affected by this policy:

Service Users

2.3 The following stakeholders may be affected by this policy:

Family
Advocates
External health professionals
Local Authority
Commissioners
Representatives

## **POL40 – Smoking Policy and Procedure**

Serendipity Healthcare Ltd
Unit 4 Millennium Way, Dunston, Chesterfield, Derbyshire
S41 8ND



#### 3. Objectives

- 3.1 To ensure that Serendipity Healthcare Ltd complies with its statutory obligations under the Health Act 2006 and associated regulations.
- 3.2 To ensure that all Service Users and staff are protected from secondary smoke inhalation.
- 3.3 To ensure that Service Users are aware of the approach of Serendipity Healthcare Ltd on smoking.

## 4. Policy

- 4.1 Serendipity Healthcare Ltd recognises its responsibility to provide an environment that enables Service Users to live their lives as they choose and for staff to provide Care as agreed in the Care Plan. We understand that people have a right to choose to smoke, particularly in their own homes. However, we have a responsibility to safeguard the health of staff and Service Users who do not smoke and who do not want to breathe in smoke from others.
  - Our policy is to ensure that no one is subject to second-hand smoke against their wishes. Serendipity Healthcare Ltd is committed to promoting the health, safety and wellbeing of all Service Users and employees and complying with the relevant legislation in relation to smoking.
- 4.2 Any and all of Serendipity Healthcare Ltd is smoke-free. This includes any company vehicles if the Service User is travelling in them.
- 4.3 This policy not only applies to all Service Users but also to consultants, contractors, workers, officers, volunteers, and visitors.

#### 5. Procedure

#### 5.1 **Support to Stop Smoking**

Staff will support Service Users who wish to stop smoking by helping them access the various types

of support available from the NHS. Reference to these can be found in the Further **Reading section of this policy**.

- 5.2 Where is Smoking Not Permitted?
  - Smoking is not permitted anywhere indoors at Serendipity Healthcare Ltd
  - "Smoking" includes but is not limited to cigarettes, electronic cigarettes, cigars and pipes (including water pipes such as shisha and hookah pipes). Anything that can be smoked is not permitted

All affected Service Users are reminded that smoking in smoke-free premises is a criminal offence and may result in a criminal prosecution

Smoking is not permitted in any company vehicle

'No Smoking' signs are displayed at Serendipity Healthcare Ltd

#### **POL40 – Smoking Policy and Procedure**

Serendipity Healthcare Ltd
Unit 4 Millennium Way, Dunston, Chesterfield, Derbyshire
S41 8ND



#### 5.3 Where is Smoking Permitted at Serendipity Healthcare Ltd?

- Service Users who wish to smoke must do so in the designated area at Serendipity
   Healthcare Ltd, and they can smoke within their own homes
- Service Users should ensure that they have safety equipment in place, such as
  ashtrays or non- flammable metal bins used for the waste materials produced by
  smoking. These must be emptied regularly and thoroughly cleaned. Waste must be
  disposed of safely in the designated waste bin and waste containers
- All designated Smoking Areas must be regularly cleaned and recorded in the Care
  Plan where this is part of the Care being provided by Serendipity Healthcare Ltd. At
  Serendipity Healthcare Ltd, the Registered Manager must ensure that any
  designated areas are safe and clean

### 5.4 Steps to Minimise Exposure to Secondhand Smoke

- Where a Service User smokes, this will be recorded in their Care Plan records, including what they smoke and how much
- Ensure that a risk assessment is developed that includes the risk of secondhand smoke as well as any fire safety hazards
- Where a Service User is a known smoker, ask that they do not smoke, where
  possible, an hour before the Care Worker arrives and that the room/their
  home is well ventilated
- Where possible, ask that smoking is limited to rooms where the Care Worker will not need to work
- Staff who have pre-existing conditions that may be made worse by secondhand smoke must be considered during selection of the Care Worker for the visit. Conditions such as Asthma, heart conditions and Chronic Obstructive Cardio-Pulmonary Disease must be included
- Ensure that staff do not have to attend consecutive visits or spend prolonged amounts of time in a room/home with a Service User who smokes
- Where the Service User does not smoke but shares their home with someone who does, the same considerations must be taken

#### 5.5 **Assessing Risk**

Where a Service User chooses to smoke, the Service User is assessed with regard to the ability to manage smoking materials, ensuring a safe environment is maintained. Details of the assessment is recorded and this is kept next to the Service User's smoking Care Plan. Regular review of the Service User's smoking Care Plan will be undertaken as their smoking habits change or at least during each Care Plan review.

An assessment tool can be found in the Forms section of this policy.

#### 5.6 Supervision of Service User Smoking

Where a Service User needs to be supervised whilst smoking this will be documented within the Care Plan, and staff who express a preference must not be exposed to the discomfort of tobacco smoke. Staff with pre-existing conditions exacerbated by passive/second hand smoke (e.g. asthma) must not be asked at all.

# POL40 - Smoking Policy and Procedure

Serendipity Healthcare Ltd Unit 4 Millennium Way, Dunston, Chesterfield, Derbyshire S41 8ND



#### 5.7 **Breaches of this Policy**

Service Users will be made aware of this policy on the commencement of their service. Should issues arise in relation to the Service User's smoking, a review of the Care Plan will take place and the necessary action taken by Serendipity Healthcare Ltd.

## 6. Definitions

## 6.1 **Smoking**

• This includes, but is not limited to: cigarettes, cigars, electronic cigarettes, herbal cigarettes, pipes (including hookah and shisha pipes) and any other items that can be smoked

#### 6.2 **Passive Smoking**

• Passive smoking is the inhalation of smoke, called second-hand smoke, or environmental tobacco smoke, by persons other than the intended "active" smoker. It occurs when tobacco smoke enters an environment, causing its inhalation by people within that environment

Reviewed 28<sup>th</sup> January 2022 Lisa Ward HR Manager